

General Information

- ❖ Please make appointment in advance.
- ❖ Please bring the referral letter and I.D. Card / Passport or valid Hong Kong Travel Visa for registration 15 minutes before the appointment.
- ❖ Please inform us at 22003155 during office hour if you cannot attend in time.
- ❖ When typhoon signal No. 8 (or above) or the rain storm black warning is hoisted, please contact us to rearrange a new appointment.
- ❖ In addition to health examination scheme, optional diagnostic investigations are available. Please refer to our website.

References:

www.21.ha.org.hk/smartpatient

Effective since: 1 March 2022

PFE-EPI-3-E014



- We provide "Octopus hourly parking services"
- Green Line Minicab: 2, 17M, 25M, 46, 70,
- Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin / Kowloon City
- Public Buses: 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- MTR
- * Lok Fu: 5 mins by taxi
- * Mongkok: by red line minibus, get off at Lomond Road
- * Sung Wong Toi: Exit B1, about 5-10 minutes walk
- East Rail Line
- * Mongkok East: about 5 minutes by taxi
- * Kowloon Tong: by green line bus no. 25M
- Rehabus (Dial-a Ride): (852) 2817 8154



St. Teresa's Hospital
聖德肋撒醫院

Tilt Table Test

Examination Information



Tilt Table Test



Health Screening & Diagnostic Centre

1/F Main Block, St. Teresa's Hospital

Tel: (852) 2200 3155

Working Hours:

08:00-16:00 (Monday to Saturday)

Introduction

Tilt table test is performed to evaluate one of the causes of syncope (fainting) – *vasovagal syncope*.

It is performed to reproduce symptoms of syncope by lying down the patient near a table that moves from a horizontal to a vertical position. The entire procedure will normally take about 1 to 2 hours.

Pre-Procedure Preparation

1. Fasting for 4 – 6 hours before the test. Omit medications as instructed by your doctor.
2. You have to sign a consent form after doctor's explanation.
3. Nurses will establish a venous access on your hand.
4. You are advised to keep company with your relatives, especially for out-patient.

During the Procedure

1. You need to lie on a tilt table horizontally and are connected to a monitoring device.
2. Your body is restrained by straps. The examination table will tilt up to 60-80 degrees gradually. You will stay in a tilting position for 30 to 60 minutes. Vital signs will be observed closely throughout the test. For patient with negative result, medications may be administered to elicit the response. The patient will be tilted up again for another 30 minutes.
3. If there is no significant drop in heart rate or blood pressure, then the test is regarded as negative for vasovagal syncope.
4. To monitor any signs of dizziness, nausea, sweating, and fainting, you should stay calm in the test.

5. During the test, if you experience the symptoms which is mentioned above, or if we find there is a decrease in heart rate and drop in blood pressure, the table will be returned to the horizontal position immediately. The test will be completed until the patient's vital signs and conscious status recover to normal range.

Care and advice

1. The conduction of the test is monitored by a nurse and a doctor.
2. You will be asked to rest for 20 – 30 minutes in bed after the test.
3. When we confirm your blood pressure and heart rhythm return to normal, you are allowed to leave.

Risks and Complications

1. There are certain risks in this test which including temporality cardiac arrest (>5 seconds).
2. The drugs infused during the test may cause arrhythmia or heart attack.

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